

INSTRUCTIONS FOR MEDICATIONS FOR PROCEDURE

BLOOD-THINNERS:

- IF YOU ARE TAKING ASPIRIN, ANTI-INFLAMMATORY MEDICATIONS SUCH AS MOTRIN, ALEVE, ETC... YOU MUST STOP THEM 7 DAYS PRIOR TO YOUR PROCEDURE.
- IF YOU ARE TAKING COUMADIN, WARFARIN OR ANY OTHER BLOOD THINNER PLEASE CALL THE OFFICE. USUAL RECOMMENDATIONS ARE TO STOP (4) FOUR DAYS PRIOR TO THE PROCEDURE.

DIABETICS:

- IF YOU ARE ON INSULIN AND NORMALLY TAKE A **PM DOSE**, TAKE HALF THE DOSE THE NIGHT BEFORE TEST.
- IF YOU NORMALLY TAKE AN **AM DOSE**, THEN TAKE HALF THE DOSE THE MORNING OF PROCEDURE.
- IF YOU ONLY TAKE PILLS FOR YOUR DIABETES, **DO NOT TAKE THEM THE NIGHT BEFORE OR MORNING OF YOUR PROCEDURE.**
- PATIENT'S WITH HYPERTENSION: YOU CAN TAKE YOUR BLOOD PRESSURE MEDICATIONS BUT NO DIURETICS THE MORNING OF THE TEST.

YOU ARE TO HAVE ONLY CLEAR LIQUIDS ON THE DAY BEFORE YOUR PROCEDURE.

NO SOLID FOODS OR MILK SHOULD BE TAKEN ON THE DAY OF THE PREP.

NO FOODS CONTAINING RED FOOD DYES (eg. RED JELLOS, GRAPE JUICE, TOMATO JUICE, etc.)

NO ANTACIDS SHOULD BE TAKEN WITHIN 1 HOUR OF TAKING THE BISACODYL TABLETS.

MORNING PROCEDURES:

NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE

AFTERNOON PROCEDURES:

YOU CAN HAVE LOW RESIDUE BREAKFAST & LUNCH THE DAY BEFORE. YOU MAY TAKE CLEAR LIQUIDS UP TO 4 (FOUR) HOURS BEFORE YOUR TEST.